

7 Elements of a Human Centered Environment?

1. Opportunities for cultivating strong individual self agency that comes from being asked/challenged to contribute: *feeling useful and helpful to my own cause and to others*
2. Networks (Relationships) of *support and accountability* that encourage and challenge me in honest and helpful ways
3. A *choice environment* that is well understood, diverse and rich and consistently there
4. A *Truthful and honest shared assessment of the system and structural barriers* and challenges we all face as we try to solve this problem: institutional racism, multi-generational poverty etc.
5. Spaces that are *safe, fair comfortable and fun* and where leaning into learning and expressing vulnerability are prized behaviors
6. An abundance of *“marketplace moments”* that help me discern valuable opportunities and relationships and bring my own value to others.
7. Practices and behaviors and *norms that help us be our best selves* with others